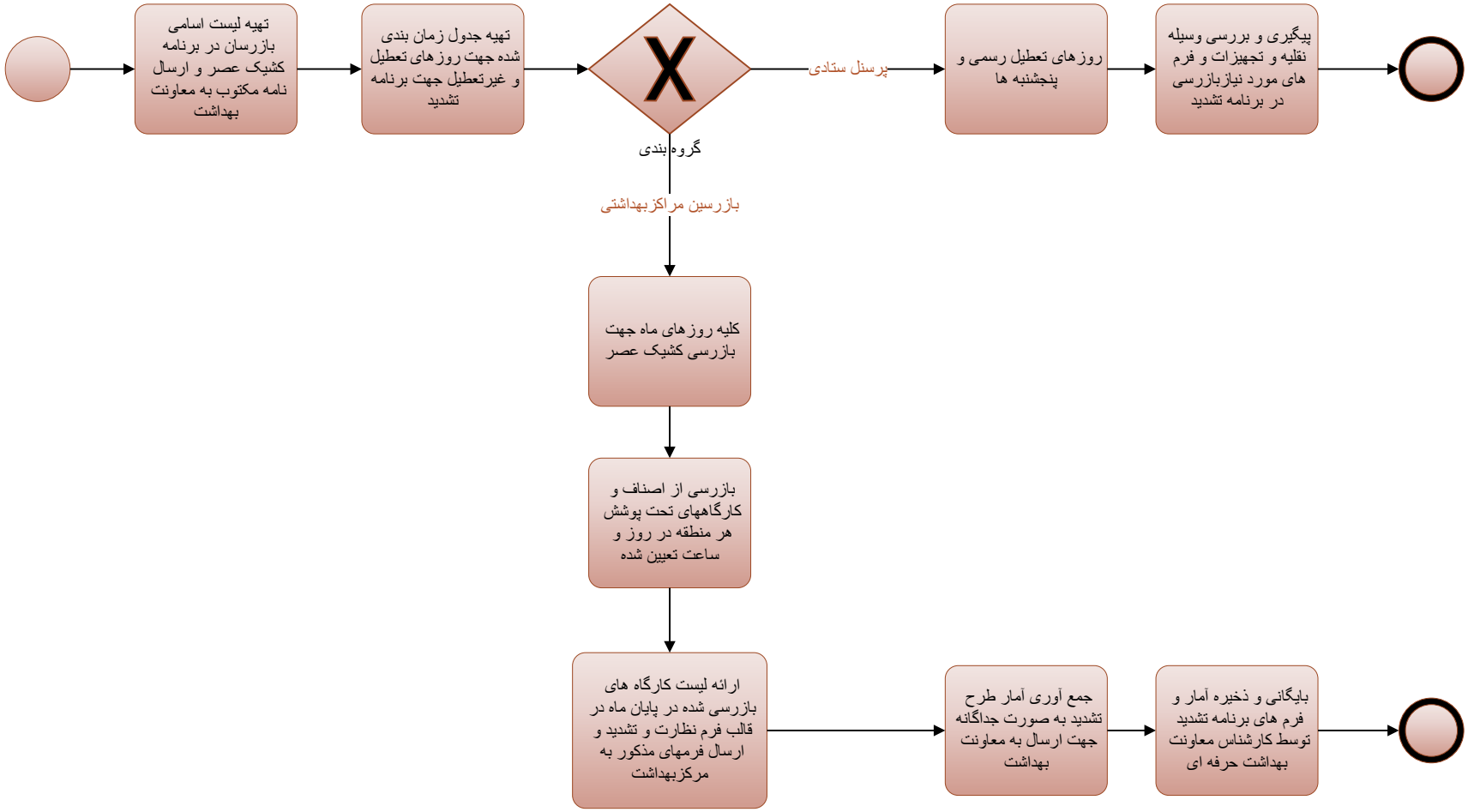طرح تشدید و بازرسی هدفمند